The Culture and Equality unit invites female postdocs of the University of Vienna to apply for the mentoring program postdoc:muv.

Application window: September 11 to October 9, 2023

Duration of program: March 2024 to June 2025

Max. number of participants: 24 mentees

Application documents and more information: https://personalwesen.univie.ac.at/en/culture-equality/career-advancement/#c173546

Berta Karlik (1904–1990) was an Austrian physicist, known for her work on scintillation counters in the 1930s and the discovery of the element 85 (Astatine) in nature in the early 1940s. She was director of the Vienna Institute for Radium Research and in 1956 nominated as the first female full University Professor in Austria.
postdoc:muv is …
a 3 semester long career development program for female postdocs of the University of Vienna. It combines the three formats mentoring, group coaching and training.

postdoc:muv builds on …
Mentoring: Professors of the University of Vienna serve as mentors regarding scientific careers for small groups of mentees across disciplines.
Coaching: Regular coaching meetings with experienced coaches specialized in the field of academia.
Training: Soft skill trainings with international trainers on presentation, leadership and negotiation tools.

postdoc:muv is no …
• vocational counselling
• expert supervision of scientific content
• job agency

postdoc:muv offers …
• orientation in academia
• formal and informal scientific (peer) networking opportunities
• development of practical career strategies
• support for individual professional goals
• exchanges of informal know-how about specific discipline cultures
• empowerment coaching for BIPOC mentees
• reflection and de-individualisation of experiences with gender-based discrimination of female scientists

KICK-OFF
November 30, 2023
After the kick-off in November 2023, the program will start in March 2024.

MENTORING
The mentoring groups (mentees and mentor) arrange two half-day meetings per semester on dates they set themselves.

COACHING
There are four coaching meetings per semester.

Group Natural & Life Sciences
Coach: Ute Riedler

Summer semester 2024:
Mar 5, Apr 4, May 15, Jun 12, 2024
Winter semester 2024/25:
Oct 18, Nov 20, Dec 11, 2024, Jan 15, 2025
Summer semester 2025:
Mar 4, Apr 8, May 13, Jun 11, 2025
Time: 9.00–12.30

Group Social Sciences & Humanities
Coach: Meike Lauggas

Summer semester 2024:
Mar 20, Apr 17, May 15, Jun 12, 2024
Winter semester 2024/25:
Oct 16, Nov 13, Dec 11, 2024, Jan 15, 2025
Summer semester 2025:
Mar 19, Apr 23, May 21, Jun 25, 2025
Time: 9.00–12.30

EMPOWERMENT SPACE
The program offers the possibility for an empowerment space that acknowledges the challenges BIPOC scientists experience with topics such as power, privilege and the various forms of oppression.

TRAINING
Trainings take place from 9.00–17.00.

Summer semester 2024
Voice and Body Training
Trainer: Julie Stearns

Group Natural & Life Sciences
March 7–8, 2024
Group Social Sciences & Humanities
May 28–29, 2024

Winter semester 2024/25
Effective Guidance and Leadership in Science
Trainer: Neela Enke

Group Natural & Life Sciences
November 25–26, 2024
Group Social Sciences & Humanities
November 27–28, 2024

Summer semester 2025
Negotiate with success.
Tools and mindset for lasting collaborations
Trainer: Forrest van Uchelen

Group Natural & Life Sciences
March 31–April 1, 2025
Group Social Sciences & Humanities
April 3–4, 2025

CLOSING EVENT
June 17, 2025, 11.00–14.00